

Relief resources for churches of the Western Cuban Baptist Convention

FOOD:

1. Cooking Oil - **48 oz. bottle**
2. **Canned** protein: Ham, Spam, chicken breast, tuna, Vienna sausage
3. Coffee (**Espresso**)- **10 oz. package** - (less expensive- Pilon, La Llave, Bustelo, etc.)
4. Baby Food (in pouches)
5. Baby Formula (**powder**) (12.4 oz. cans)

PERSONAL HYGIENE:

1. Bath Soap
2. Toothpaste
3. Deodorant
4. Adult or Child Diapers

MEDICINES (Expiration Date of more than a year)

1. Tylenol (**50 or 100 tablets**)
2. Advil (**50 or 100 tablets**)
3. Naproxen (**100 tablets**)
4. Neosporin Ointment (**0.5 oz. tube**)
5. Pepto Bismol (**30 chewable tablets**)
6. Multi-Vitamins (**100 tablets**)

Instructions:

1. **Please include only the products detailed above.** Including other products affects the logistics of shipping and delivery.
2. To facilitate shipping and distribution, items cannot be mixed in one box. Each type of product must be included in individual boxes. If the number of items collected is mixed, the correct way to pack them will be to group items of the same category into separate boxes (e.g., food in one box, medicines in another, and personal hygiene items in another box.)
3. Please complete the Packing Form and attach it outside of each box.
4. Collect and pack the products during the month of September and retain the boxes in your church. Information about product collection sites will be provided at a later date.
5. If your church wants to make a monetary offering, funds are needed to pay shipping charges and other items in large quantities (by pallets). Send the offering to Florida Baptist Convention and designate it to **Cuba Relief**. The address to send the offering is:

Florida Baptist Convention
PO Box 550589
Jacksonville, FL 32255

6. We appreciate that you contact Vanessa 407-721-1073 (voice / text) or via email vanroddon@gmail.com to indicate your participation and clarify any questions you may have.

This ministry of aid to Baptist churches is coordinated between the Western Cuban Baptist Convention and the Florida Baptist Convention. Let us pray for our brethren and churches, and may Christ be glorified with the Gospel in everything!