

# WORDS

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Sticks and stones may break my bones  
but words can never hurt me?

NO!

Bones heal and scars fade but a heart bruised  
by hurtful and bitter words may take years to mend.

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## Proverbs 16:24 (ESV)

Gracious words are as a honeycomb, sweet to the soul,  
and health to the bones.



The sweetness or bitterness of honey is determined by what the bee drinks in  
and the amount of time it spends in the sun.

Likewise, the sweetness or bitterness of our words will be determined  
by what we drink in and the amount of time we spend with the **Son**.

**A soft answer turns away wrath, but a harsh word stirs up anger. Proverbs 15:1 (ESV)**



**USE WORDS:**  
To Build.....Not to break.  
To Bless.....Not to badger.  
To Encourage.....Not to embitter.  
To Praise.....Not to pounce.  
**ARE YOU WITH ME?**

**GROUP A**

**My Words**

Sweet  
Low

**Your Words**

To Build  
To Bless

**My Words**

To Encourage  
To Praise

**Are You With Me?**

**GROUP B**

**Your Words**

Not Harsh  
Not Loud

**My Words**

Not Break  
Not Badger

**Your Words**

Not Embitter  
Not Pounce

**Are You With Me?**

**Group A and B**

May these words of my mouth and this meditation of my heart  
be pleasing in your sight, Lord, my Rock and my Redeemer. Psalm 19:14 (ESV)

