

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Did you eat out for dinner? Give the cost of your meal.	2 16,000 children die every day from hunger-related causes. Give 50 cents for each child in your home.	3 Many walk miles for water. Give 25 cents for each water faucet, tub or shower in your home.	4 Essential vitamins are lacking in diets of many people in our world. Give 25 cents for each fruit or vegetable eaten today.	5 Many of the world's hungry live in crowded conditions. Give 1 cent for every square foot of your home.	6 Hungry people are often homeless. Give 50 cents for every sofa, easy chair, or bed in your home.	7 Jobs provide money for food. Give 1 dollar for every person in your home who has a job.
8 Give 10 cents for every can of food in your home.	9 West Pensacola Baptist Church serves in the poorest zip code. What is your zip code? Add each number. Give this amount in dollars to Global Hunger Relief.	10 Jesus said, "I am the bread of life." Give the price of a loaf of bread.	11 177,800 people were fed through Florida Global Hunger Relief ministries in 2016. Give \$17.78 to Global Hunger Relief.	12 Give 50 cents for every fish sandwich you eat this week.	13 Give 5 cents for every time you opened the refrigerator today.	14 Give 1 dollar if you have not been sick this month. Thank God for your health.
15 Florida Baptist Hunger ministries reported 2070 professions of faith in 2016. Give \$20.70 to Global Hunger Relief.	16 Give 5 cents for every cookbook or food magazine in your home.	17 The average American produces 4.3 pounds of waste per day. Give \$4.30 to Global Hunger Relief.	18 1 in 8 Americans struggles with hunger and malnutrition. Give 1 dollar for every healthy person in your home.	19 795 Billion people in the world suffer from chronic malnourishment. Give \$7.95 to Global Hunger Relief.	20 Grocery shopping today? Give 10% of your grocery bill to Global Hunger Relief.	21 One child dies every 5 seconds from hunger related causes. Give 10 cents for each friend you have.
22 Hunger and malnutrition are still the number one risks to health worldwide. Give 25 cents for every pound that you are overweight.	23 Beans and rice are staple foods for many of the hungry. Give the price of a bag of rice and a bag of dry beans to Global Hunger Relief.	24 Over 1 million children in Florida are considered food insecure. Give 25 cents for every meal and snack you ate today.	25 Did you use coupons when you grocery shopped? Give the savings to Global Hunger Relief.	26 511 baptisms were reported by Florida Baptist Churches through Hunger Ministries in 2016. Give \$5.11 to Global Hunger Relief.	27 Give 10 cents for every clock or watch in your home because "Time" is running out for the hungry.	28 Hunger knows no hour or if it's day or night. Give 10 cents for each lamp in your home.
29 Give all your pocket change today because it makes "cents" to support Global Hunger Relief.	30 Give generously to Global Hunger Relief, <i>we know people are hungry.</i>	<p><i>Help fight hunger</i> in Florida, the nation and world</p>				

