

## **30 Days of Giving**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Did you eat out for din- ner? Give the cost of your meal.	2 16,000 children die every day from hunger- related causes. Give 50 cents for each child in your home.	3 Many walk miles for water. Give 25 cents for each water faucet, tub or shower in your home.	4 Essential vitamins are lacking in diets of many people in our world. Give 25 cents for each fruit or vegetable eaten today.	conditions. Give 1 cent for every square foot of	6 Hungry people are often homeless. Give 50 cents for every sofa, easy chair, or bed in your home.	7 Jobs provide money for food. Give 1 dollar for every person in your home who has a job.
8 Give 10 cents for every can of food in your home.	9 Recreation is only a dream for the hungry. Give 1 dollar for every car, motorcycle, boat, RV, or ATV your family owns.	10 Jesus said, "I am the bread of life." Give the price of a loaf of bread.	11 Pack a bag lunch today. Give the savings to Global Hunger Relief.	12 Give 50 cents for every time you eat meat to- day.	13 Give 5 cents for every time you opened the refrigerator today	14 Give 1 dollar if you have not been sick this month. Thank God for your health.
15 Plan a simple meal to- day. Give the savings to Global Hunger Relief.	16 Give 5 cents for every cookbook or food magazine in your home.	17 The average American produces 4.3 pounds of waste per day. Give \$4.30 to Global Hunger Relief.	18 1 in 6 Americans do not get enough food to be healthy. Give 1 dollar for every healthy person in your home.	19 795,000,000 people in the world suffer from chronic malnourish- ment. Give \$7.95 to Global Hunger Relief.	20 Grocery shopping to- day? Give 10% of your grocery bill to Global Hunger Relief.	21 One child dies every 5 seconds from hunger related causes. Give 10 cents for each friend you have.
22 Hunger and malnutrition are still the number one risks to health worldwide. Give 25 cents for every pound that you are overweight.	23 Beans and rice are staple foods for many of the hungry. Give the price of a bag of rice and a bag of dry beans To Global Hunger Relief.	24 Over 1 million children in Florida are consid- ered food insecure. Give 25 cents for every meal and snack you ate today.	25 Did you use coupons when you grocery shopped? Give the sav- ings to Global Hunger Relief.	26 683 baptisms were recorded in Florida by Hunger Ministries in 2015. Give \$6.83 to Global Hunger Relief.	27 Give 10 cents for every clock or watch in your home because 'Time" is running out for the hungry.	28 Hunger knows no hour or if its day or night. Give 10 cents for each lamp in your home.
29 Give all your pocket change today because	30 Give generously to Global Hunger Relief, it		1	1		L&



could be you.

it makes "cents" to

relief.

support Global Hunger